

# Collagen B3, with MCT and Hyaluronic Acid, by SISEL

<https://youtu.be/YP4W12MnBtA>

## ***12 Medically Proven Benefits of Taking an Effective Collagen Supplement***

**1. Improves Skin and Hair** - As we age, collagen production in the body declines, and this can be seen in hair losing its fullness and body, and skin losing its healthy, youthful appearance over time.

**2. Reduces Cellulitis and Stretch Marks** - Everyone who wants to get rid of their cellulitis and stretch marks needs to get on Sisel's CollagenB3 - the World's Most Scientifically Advanced Collagen Supplement!

**3. Reduces Joint Pain and Degeneration of Joints and Bones and Helps Joints to Repair** - Taking a good quality collagen supplement can be especially beneficial for people suffering from Osteo -Arthritis and Rheumatoid Arthritis. Collagen has also been shown to help reduce Sciatica pain.

**4. Protects your Cardiovascular System and Promotes Optimum Cardiovascular Health** - Reduced production of collagen in the body over time due to aging can lead to the development of Atherosclerosis - hardening and narrowing of the arteries - both of which result in poor blood circulation and high blood pressure. **People with High Blood Pressure can benefit significantly by taking a collagen supplement.**

**5. Helps Reduce Plaque Buildup in the Arteries to Reduce the Risk of Heart Attacks and Strokes** - The Amino Acid Proline (a Building Block of Collagen) aids in the release and removal of plaque from the walls of the arteries and into the bloodstream, where it can be carried to the liver and flushed out of the body.

**6. Increases Nitric Oxide Production in the Body** - Another important component of Collagen is arginine, which is also known medically as L-arginine - an amino acid that increases vasodilation to improve blood flow throughout the entire body to promote optimum circulatory health.

**7 - The Proline in Collagen Helps Control Blood Sugar** - In addition to assisting with tissue repair in the joints and arteries, the Proline in Collagen plays an important role in helping the body to maintain a healthy blood sugar level. Diabetics, Borderline **Diabetics, and anyone at risk of getting Diabetes can benefit significantly from taking a good quality collagen supplement.**

**8 Increases Muscle Mass and Boosts Metabolism** - By Increasing metabolism Collagen enables our bodies to burn more fat and as such, it increases energy level while supporting weight loss and promoting a healthy weight. Increasing muscle strength makes it easier and more enjoyable to exercise, which facilitates fat burning and weight loss.

**9. Strengthens Hair, Nails and Teeth** - Collagen is an important building block of hair, nails and teeth and taking a good quality collagen supplement can not only help strengthen nails and teeth, but it can also help reverse hair loss.

**10. Helps to Heal a Leaking Gut** - Leaky Gut Syndrome is a degenerative health condition in the digestive tract due to aging whereby the integrity of the cells in the digestive tract become compromised, leading to the contents in the digestive tract leaking into the body. This can trigger a plethora of health issues including fluctuating weight, brain fog, fatigue, headaches, skin rashes, and more. Taking a Collagen supplement cannot only help to resolve these issues but it has also been shown to be very helpful in resolving Irritable Bowel Syndrome, Acid Reflux, Crohn's Disease, and Ulcerative Colitis. Collagen soothes the gut lining and heals damaged cell walls thus helping to seal and heal the gut.

**11. Safeguards, Protects and Improves Liver Health** - Collagen helps to detox the liver and it helps to minimize damage to the liver caused by alcohol consumption. Toxin buildup in the liver is detrimental to health and longevity and the importance of Collagen in helping to keep the liver detoxified and healthy cannot be overstated!

**12. Promotes Brain Health and can Help Prevent Alzheimer's Disease** - Collagen has been shown in medical studies to help protect the brain against a specific protein that causes the debilitating plaque buildup on the brain that is directly associated with Alzheimer's disease.

WOW! As you can clearly see we truly have another Amazing Product from the Minds at SISEL - with the exciting, new CollagenB3

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priced at \$58.00 per bag I would start with 2 bags 2 scoops added to Water daily.